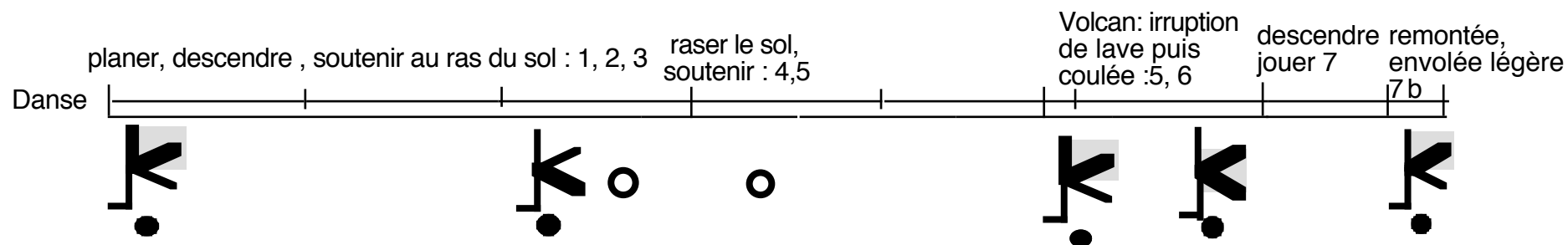
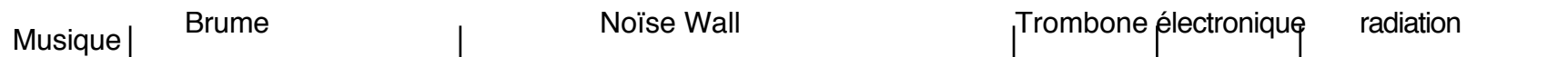


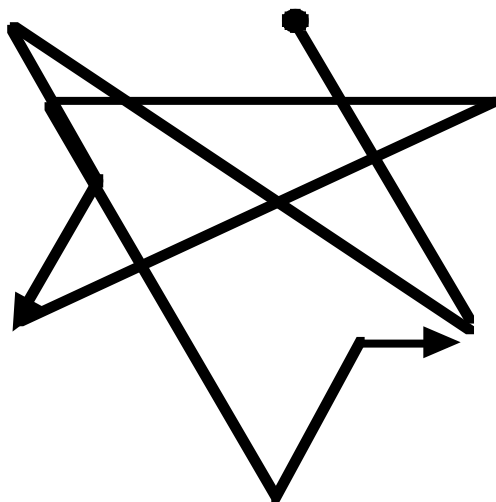
# SCORE INOCULATE? (lire de bas en haut)

A - time line

———— = 5 min



B - Trajectoire

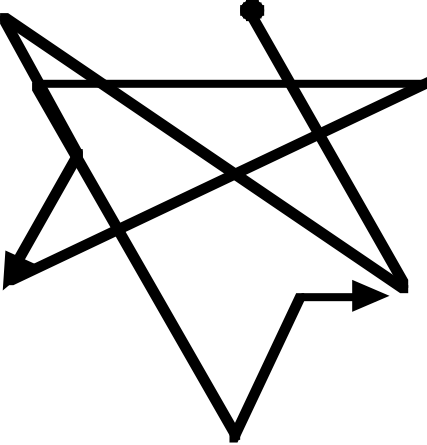


———— = 1m

musicien  
2

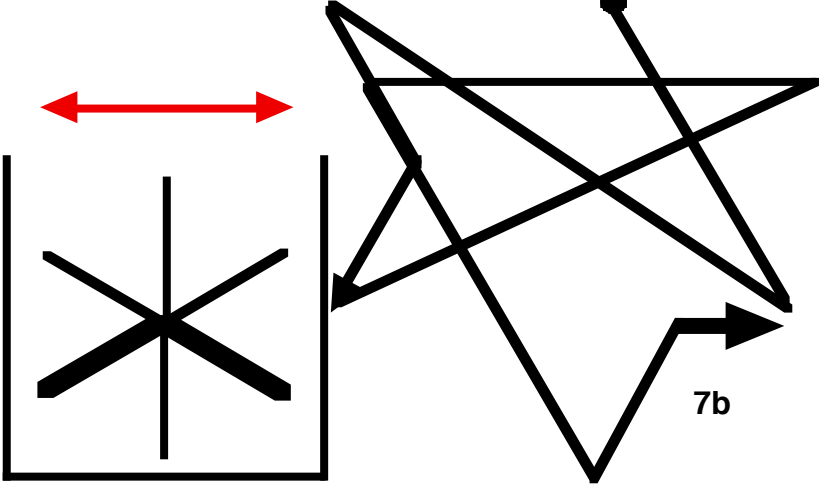
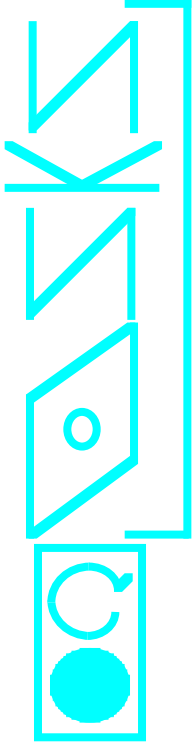
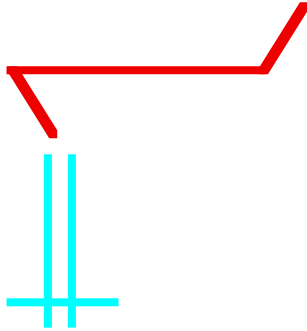
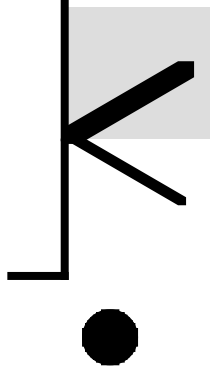
mucisien  
3

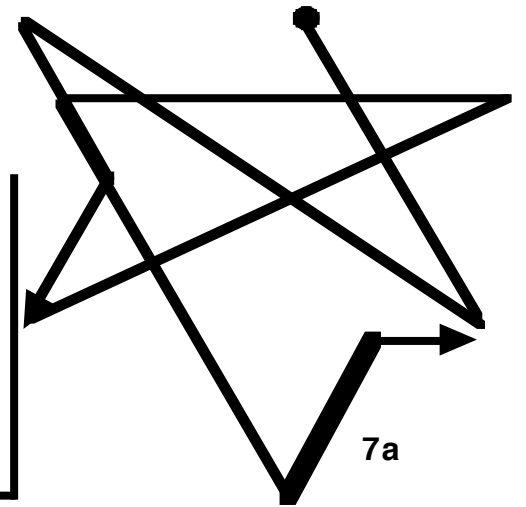
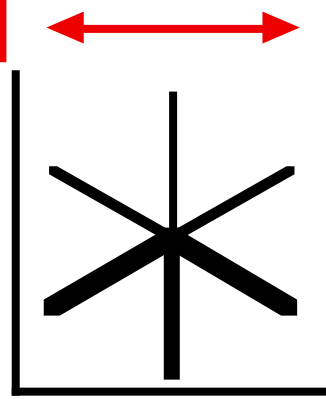
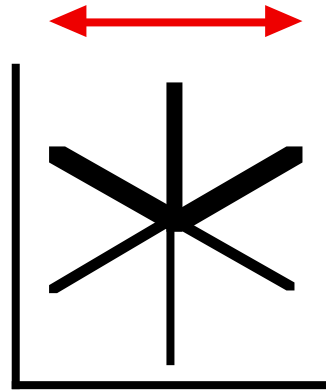
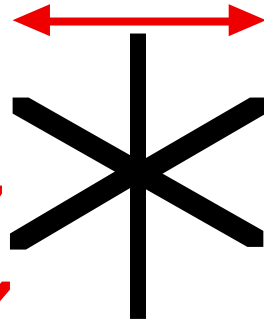
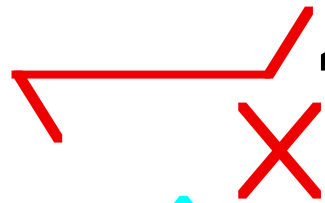
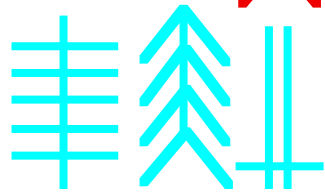
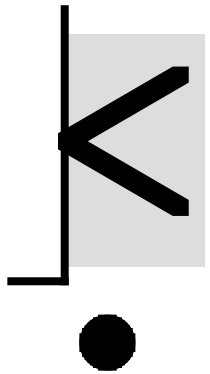
musicien 1

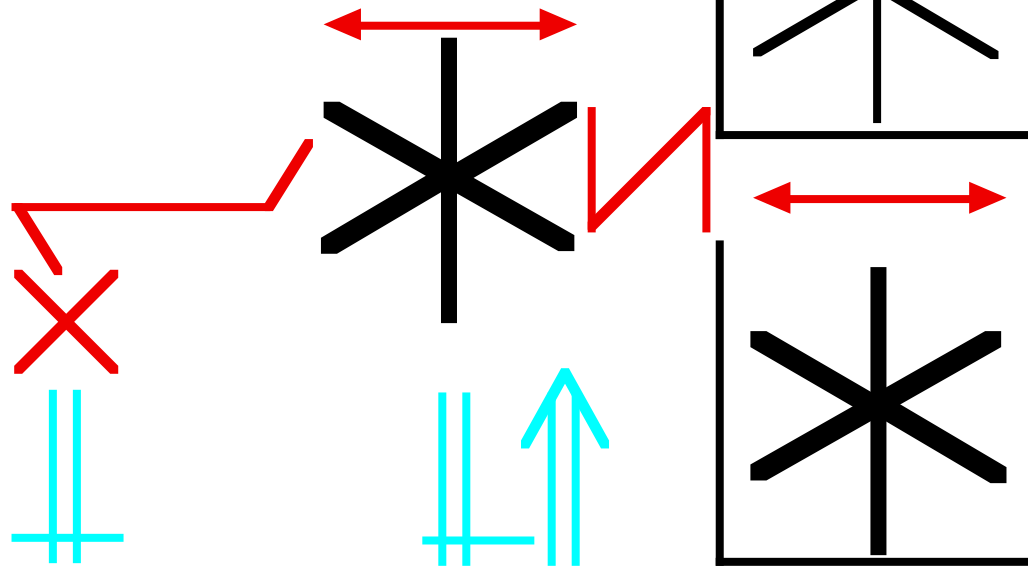
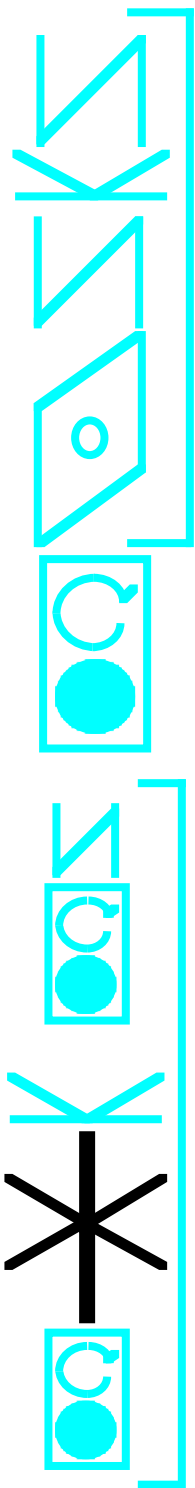
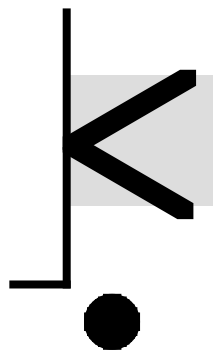


Dispositif et parcours

Kasper



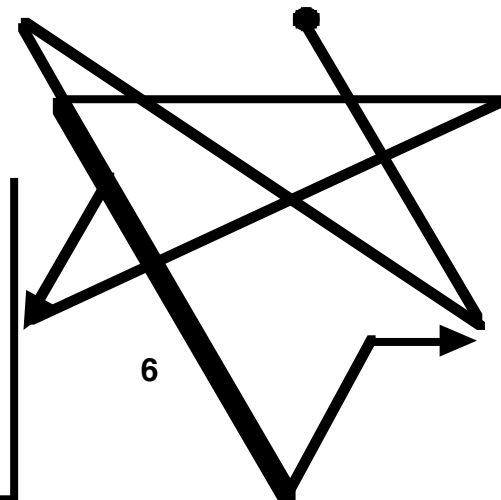
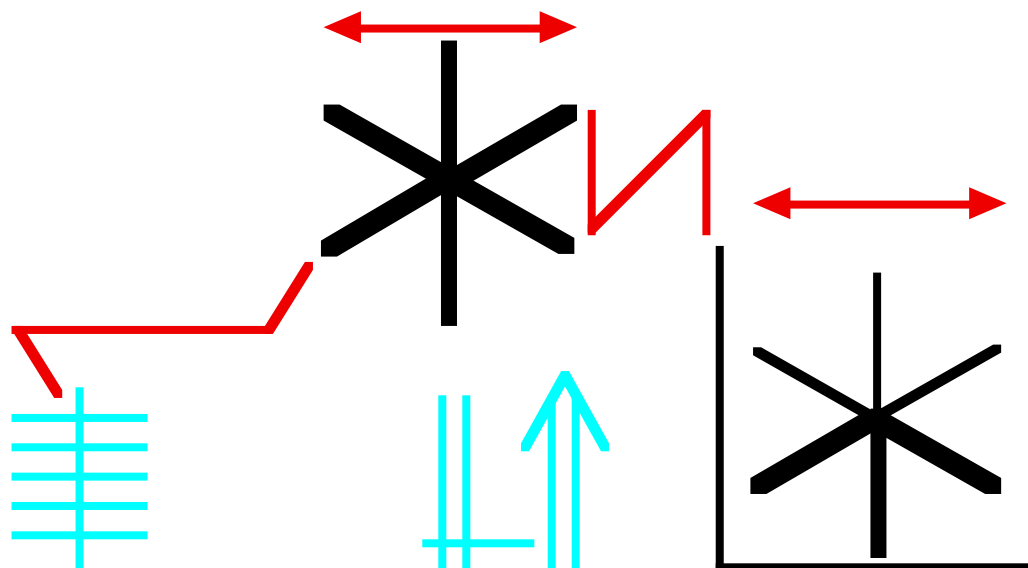


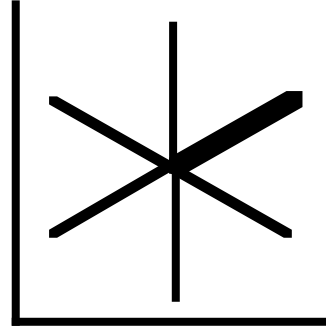
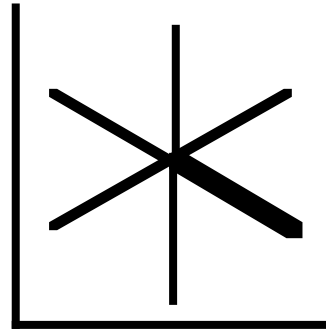
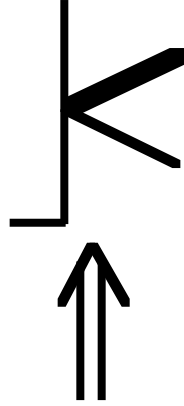
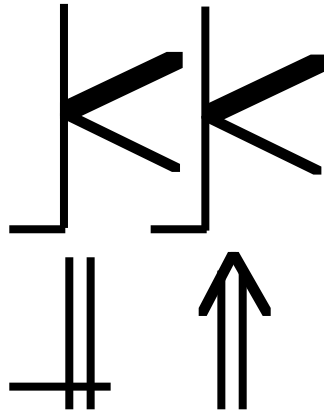
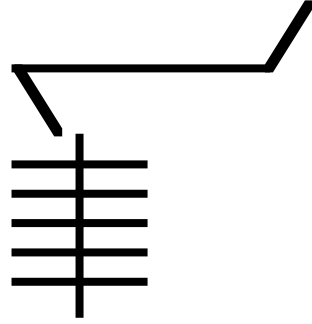
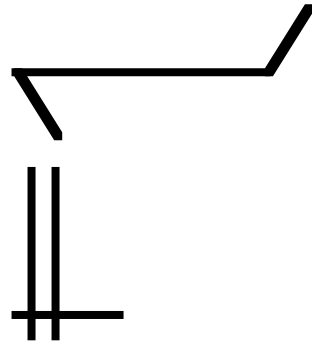
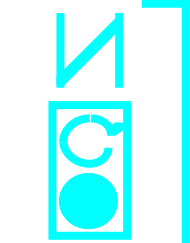
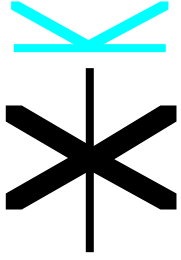
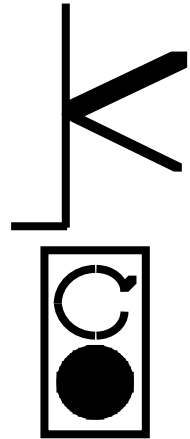
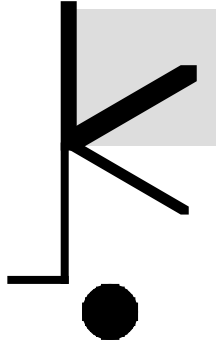


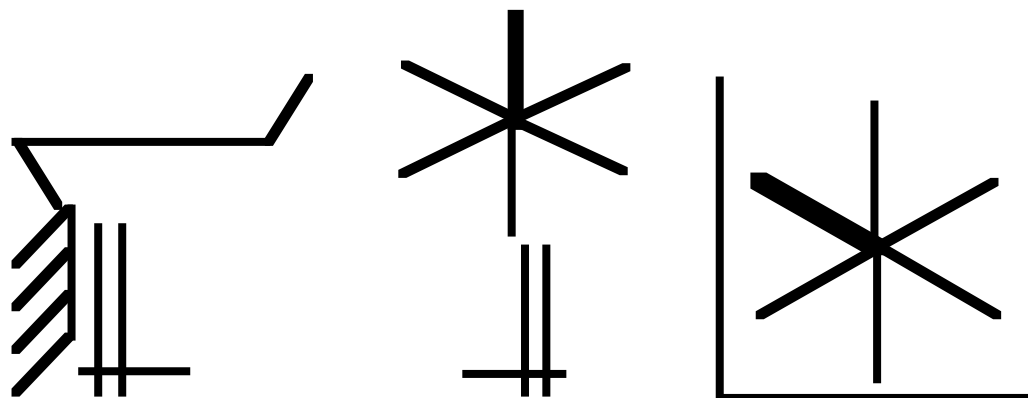
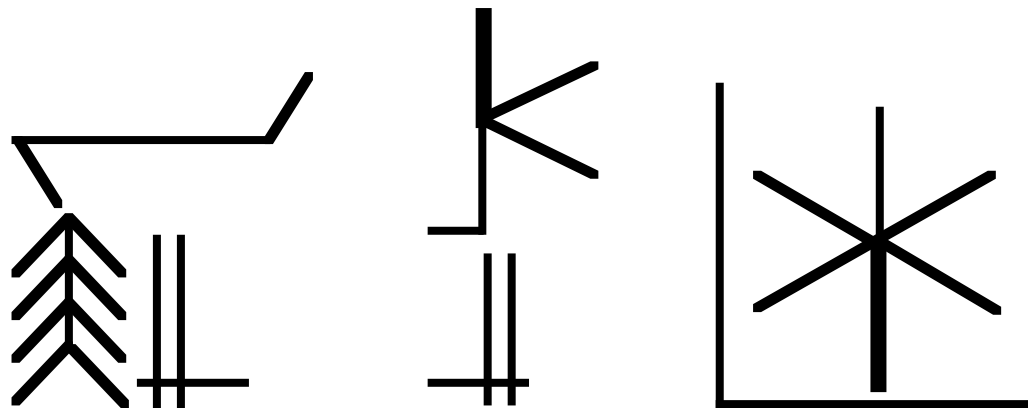
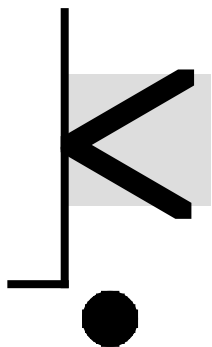
Intentions = dons au public :

en relation avec les  
2 guérisons physiques:  
demander l'augmentation de  
l'instinct

en relation avec les 2  
guérisons psychiques:  
demander de développer  
des valeurs qui font du bien







INSP: de Swadhistana à Ajna

PL: Sahajali Mudra

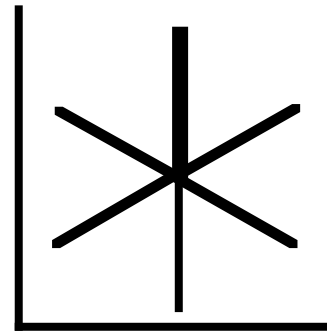
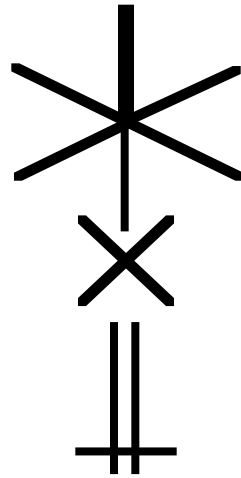
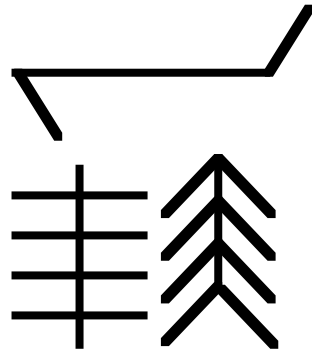
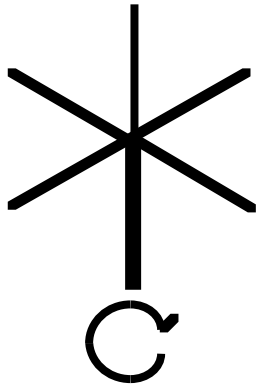
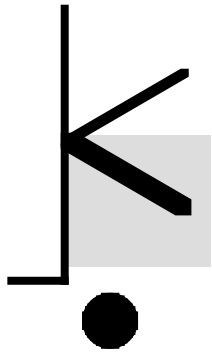
EXP: en sens inverse

Vide: Sahajali Mudra

développement du sens du goût

augmenter le pouvoir personnel: en relation avec les deux guérisons sur le plan psychique

Segment 5-a



INSP: de Mûladhara à Sahasrara en passant par la Sushumna

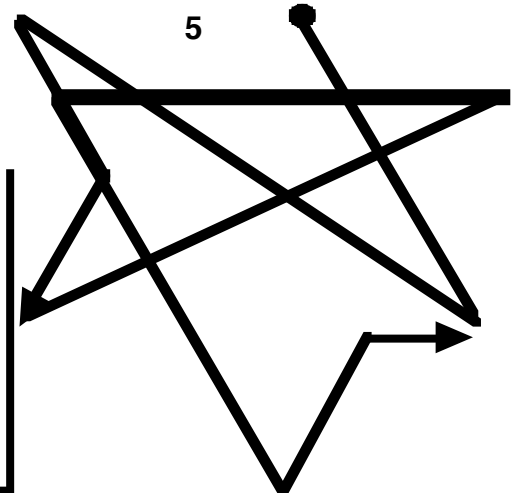
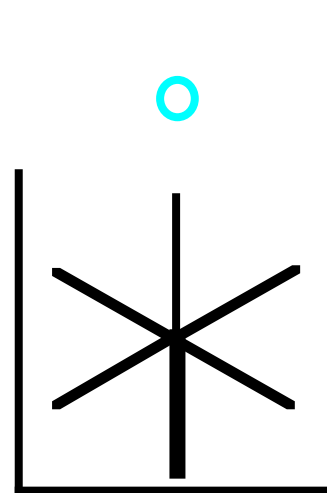
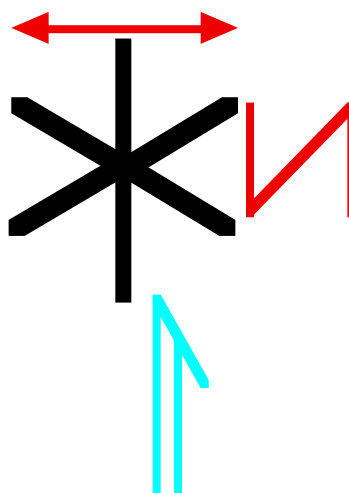
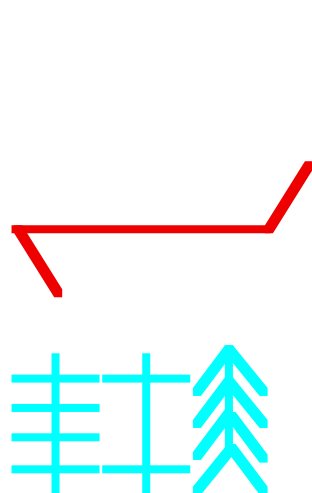
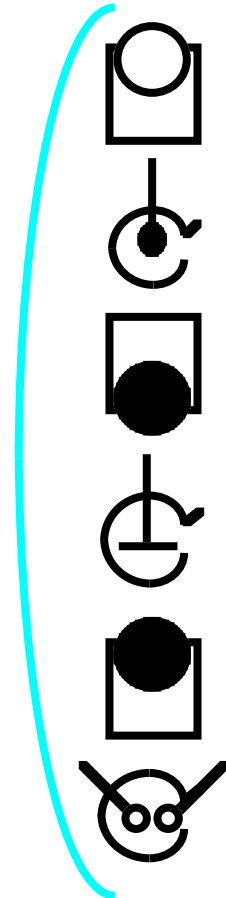
PL: Mûlabandha

EXP: en sens inverse

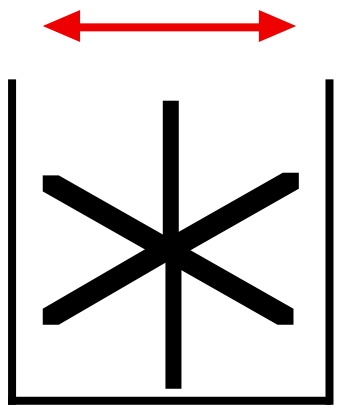
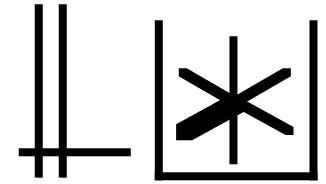
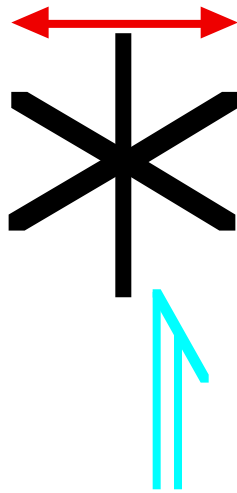
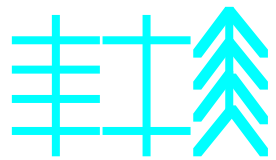
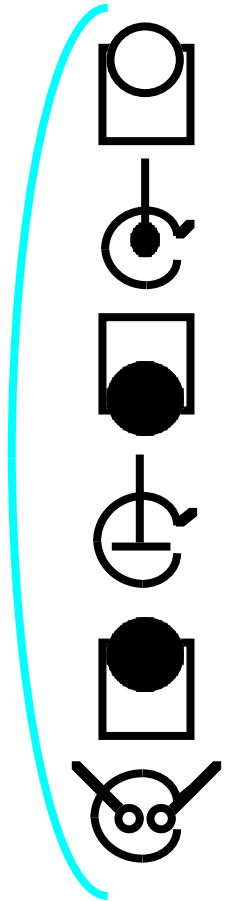
Vide: Mûlabandha

développement du sens de l'odorat

augmenter la puissance: en relation avec les deux guérisons sur le plan physique







(jonction entre 4-b et 5-a)

Segment 4-b

visualiser un petit point doré au centre de la poitrine (à l'intérieur d'un triangle pointe en haut et d'un triangle pointe en bas mêlés)

laisser résonner en développant un sens, jusqu'à fermer les yeux

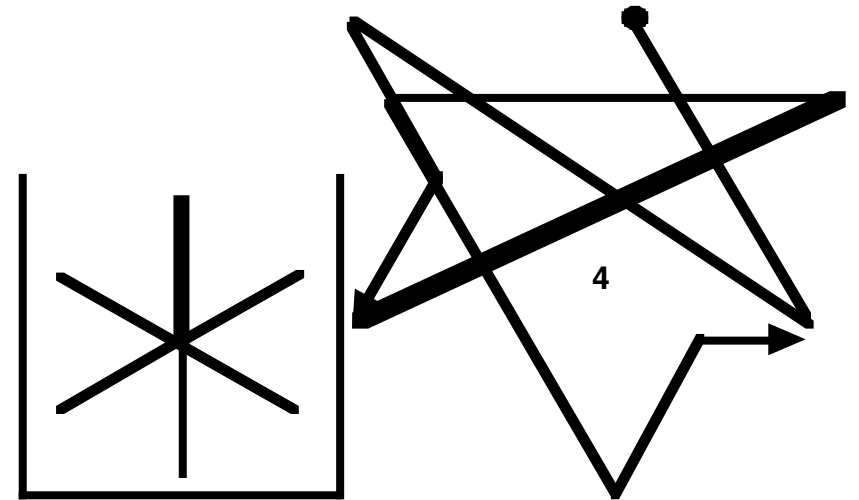
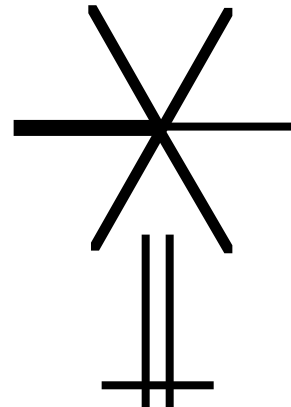
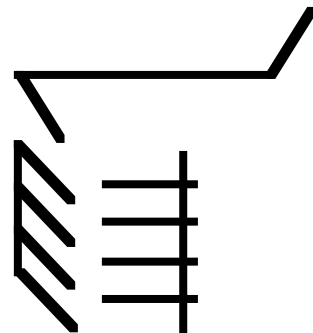
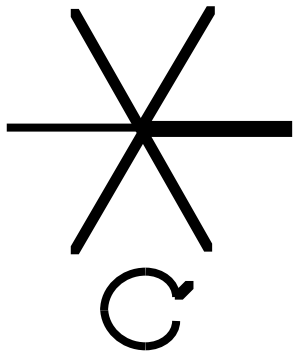
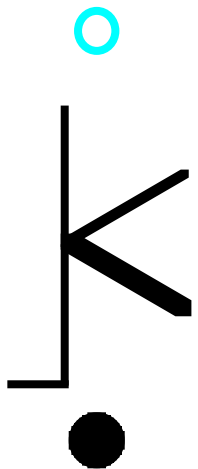
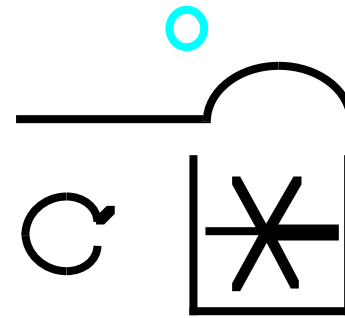
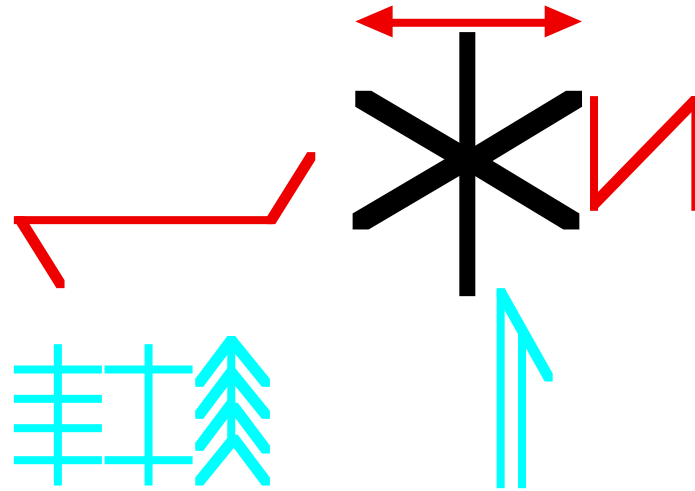
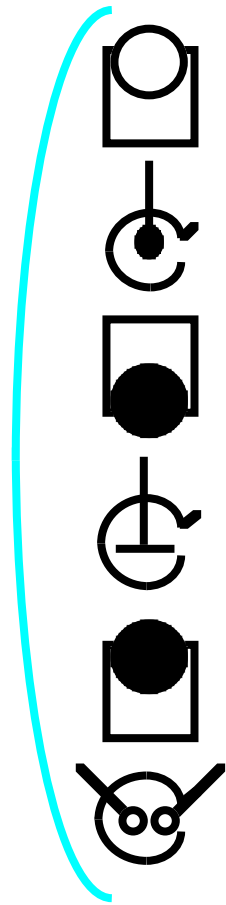
intention: l'interprète pense à deux guérisons du plan psychique en relation avec les deux systèmes de croyances dont l'interprète s'est débarrassées lors du segment 2

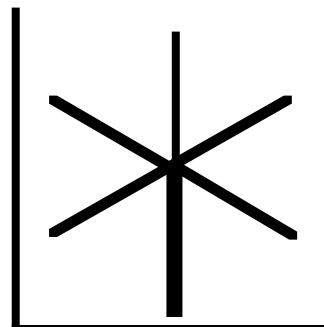
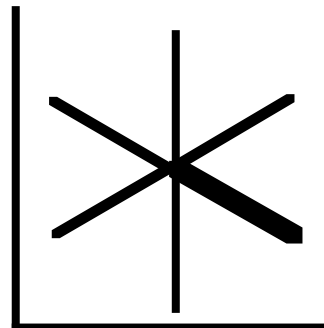
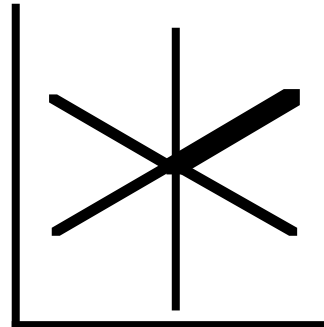
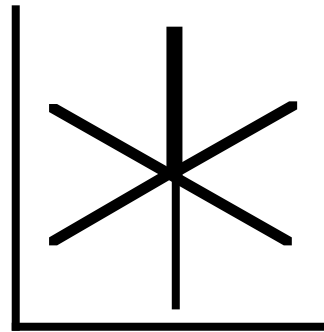
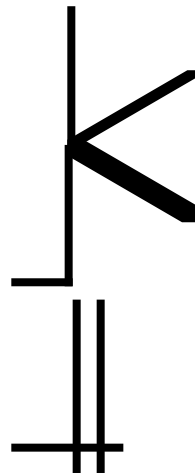
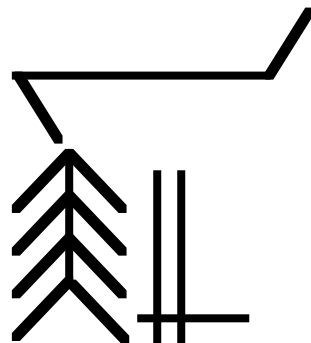
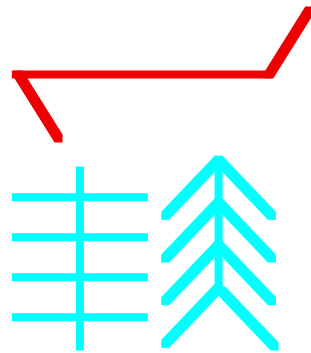
Segment 4-a

remplir en doré l'espace de l'ambiance frontal et celui du bassin

laisser résonner en développant un sens, jusqu'à fermer les yeux

intention: l'interprète pense à deux guérisons du plan physique en relation avec les deux tensions dont l'interprète s'est débarrassées lors du segment 1





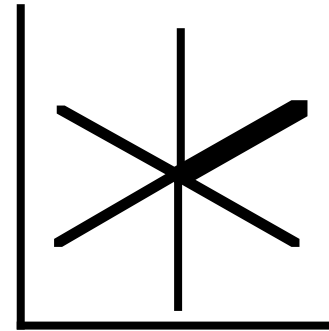
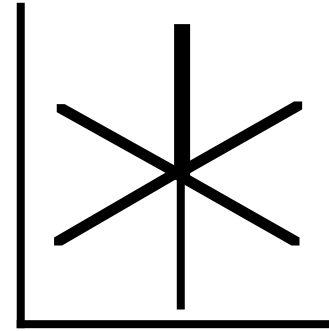
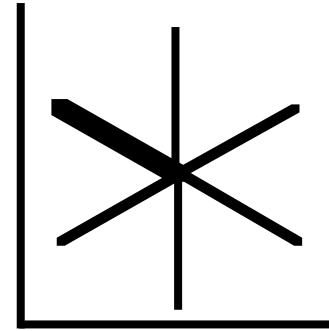
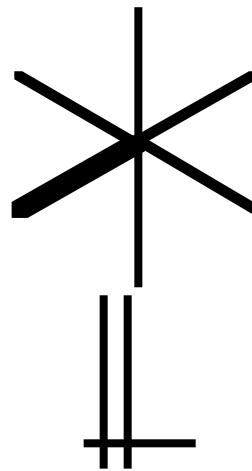
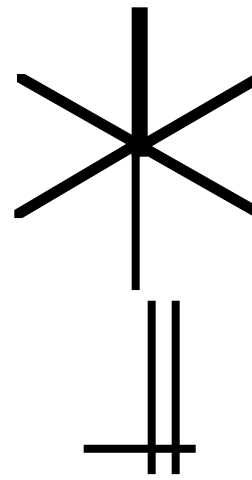
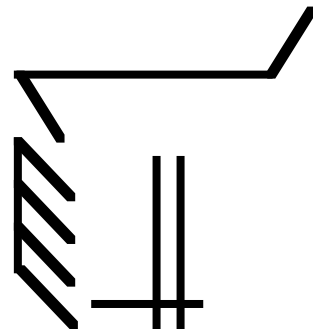
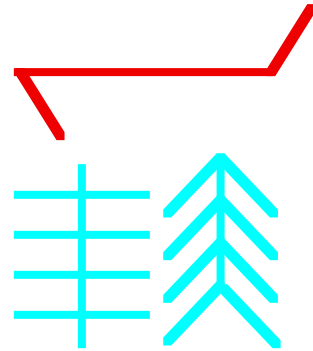
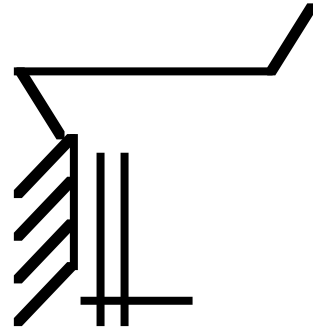
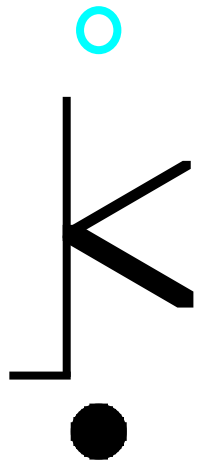
INSP= méridiensYang des bras en transparent doré  
EXP= méridiensYang des jambes en transparent doré

INSP= méridiensYin des jambes en transparent doré

EXP= méridiens Yin des bras en transparent doré

laisser résonner en développant le sens du toucher, jusqu'à fermer les yeux

souvenir des intentions

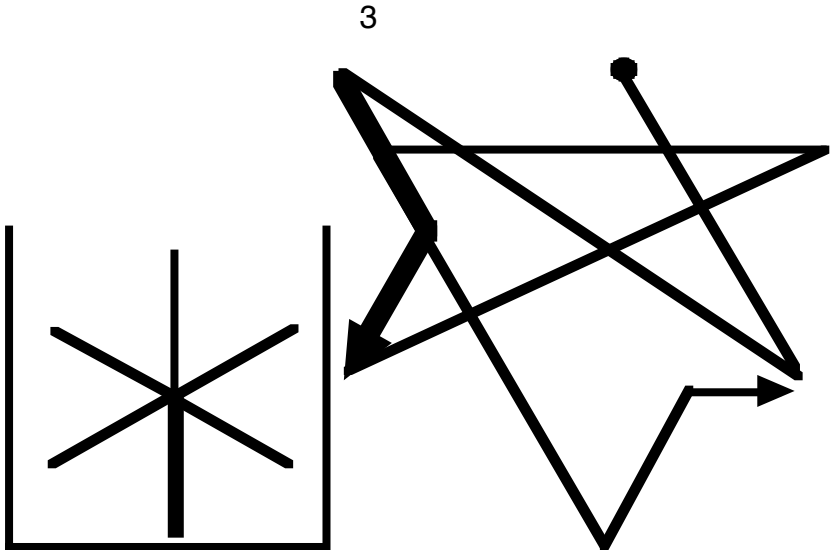
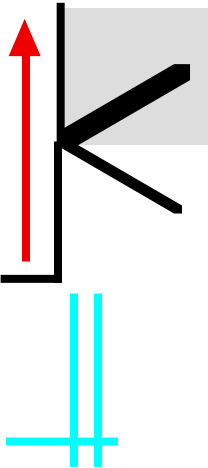
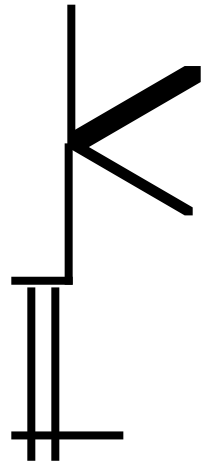
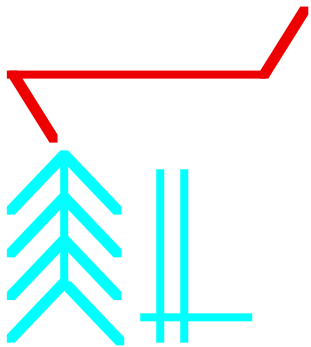
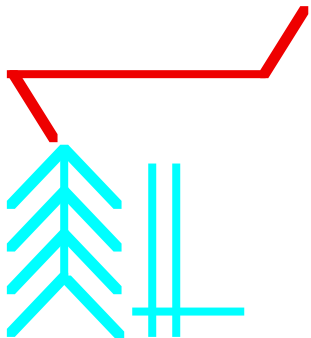
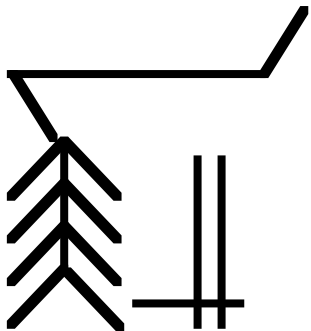
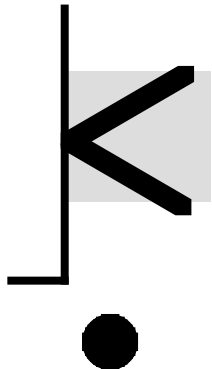
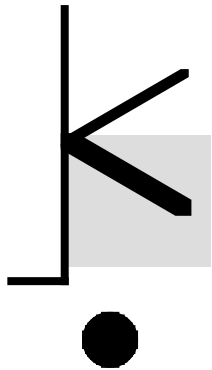


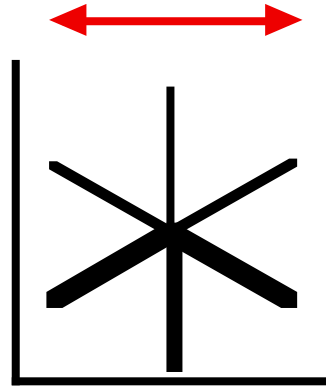
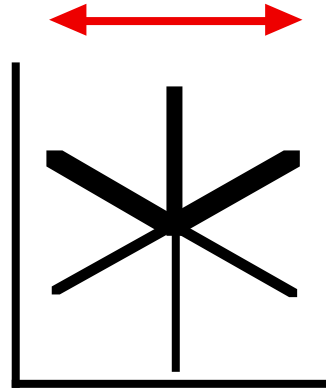
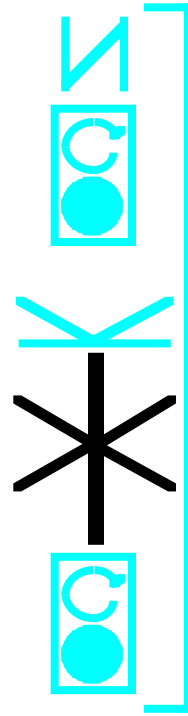
INSP= méridiensYang des  
bras en blanc de + en plus  
transparent  
EXP= méridiensYang des  
jambes en blanc

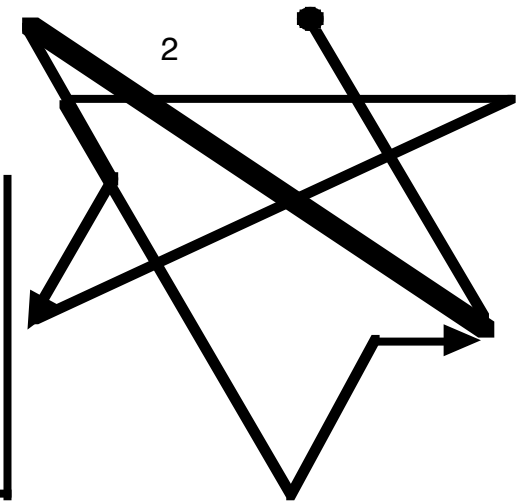
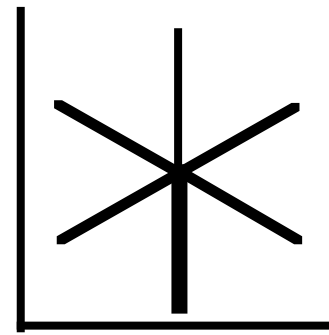
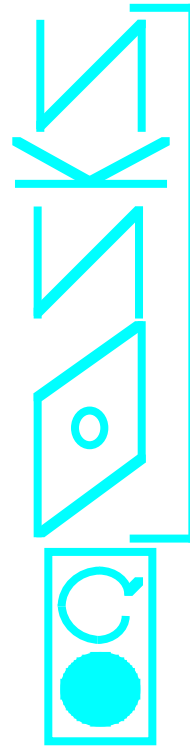
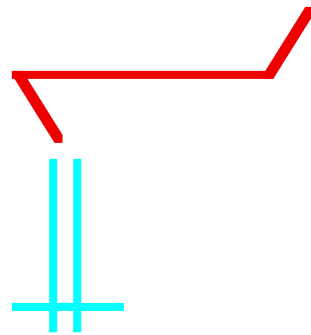
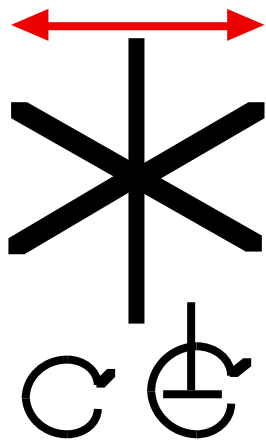
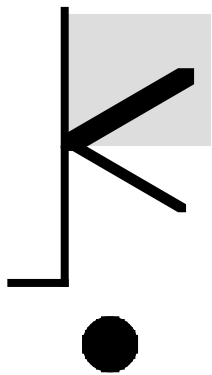
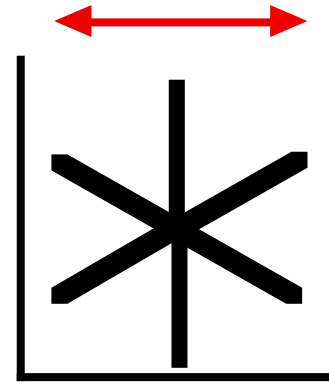
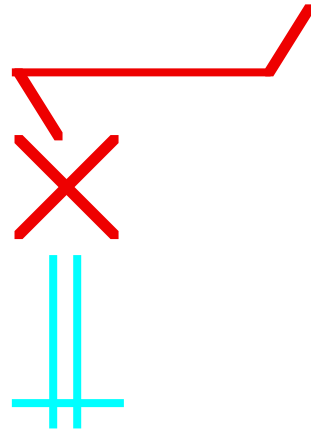
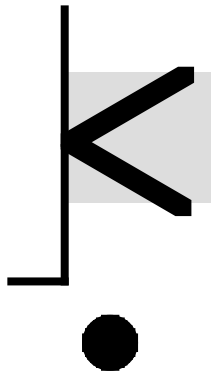
INSP= méridiensYin des  
jambes en blanc  
EXP= méridiens Yin des bras  
en blanc

laisser résonner en  
développant le sens du  
toucher, jusqu'à fermer les  
yeux

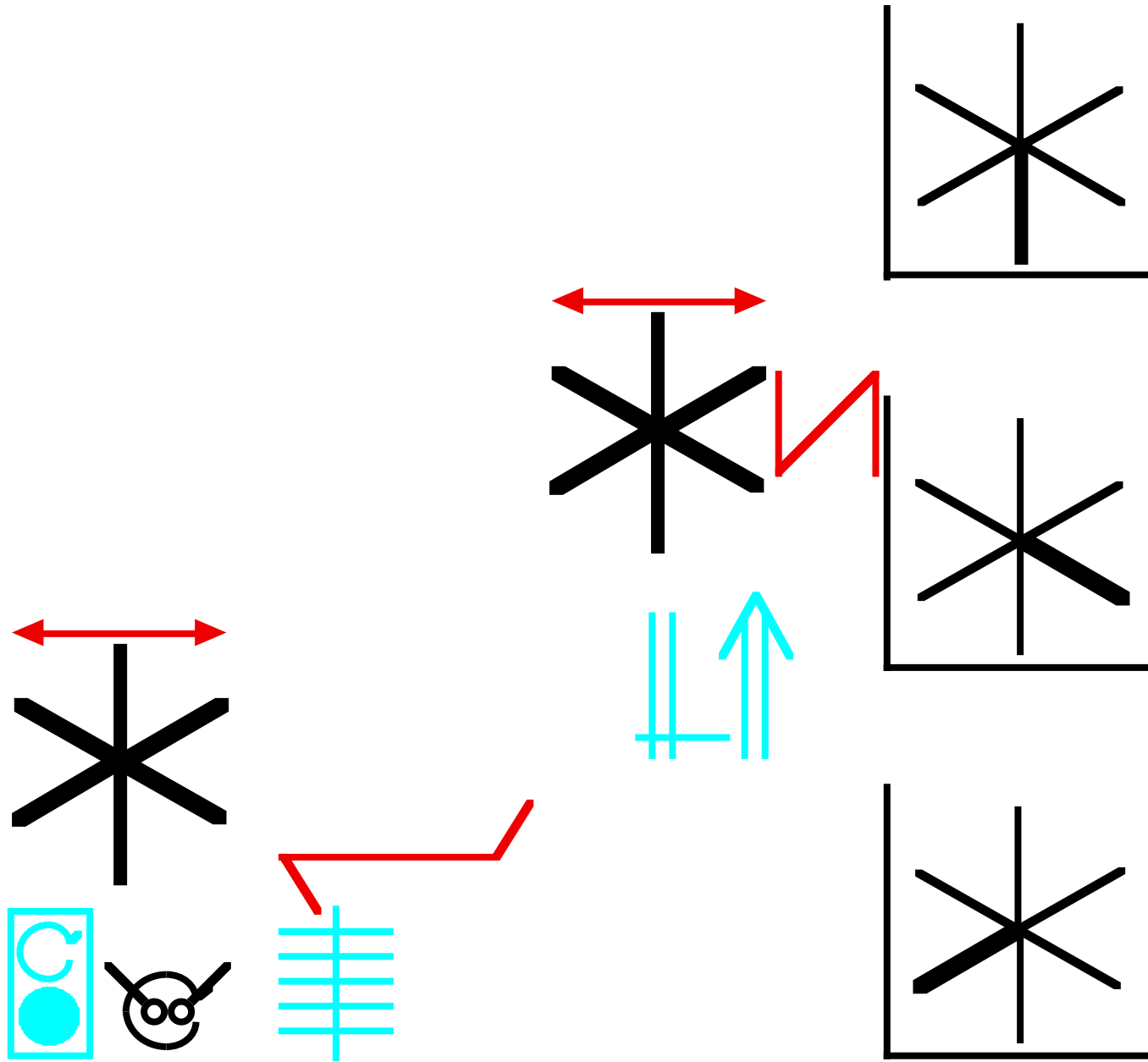
souvenir des intentions



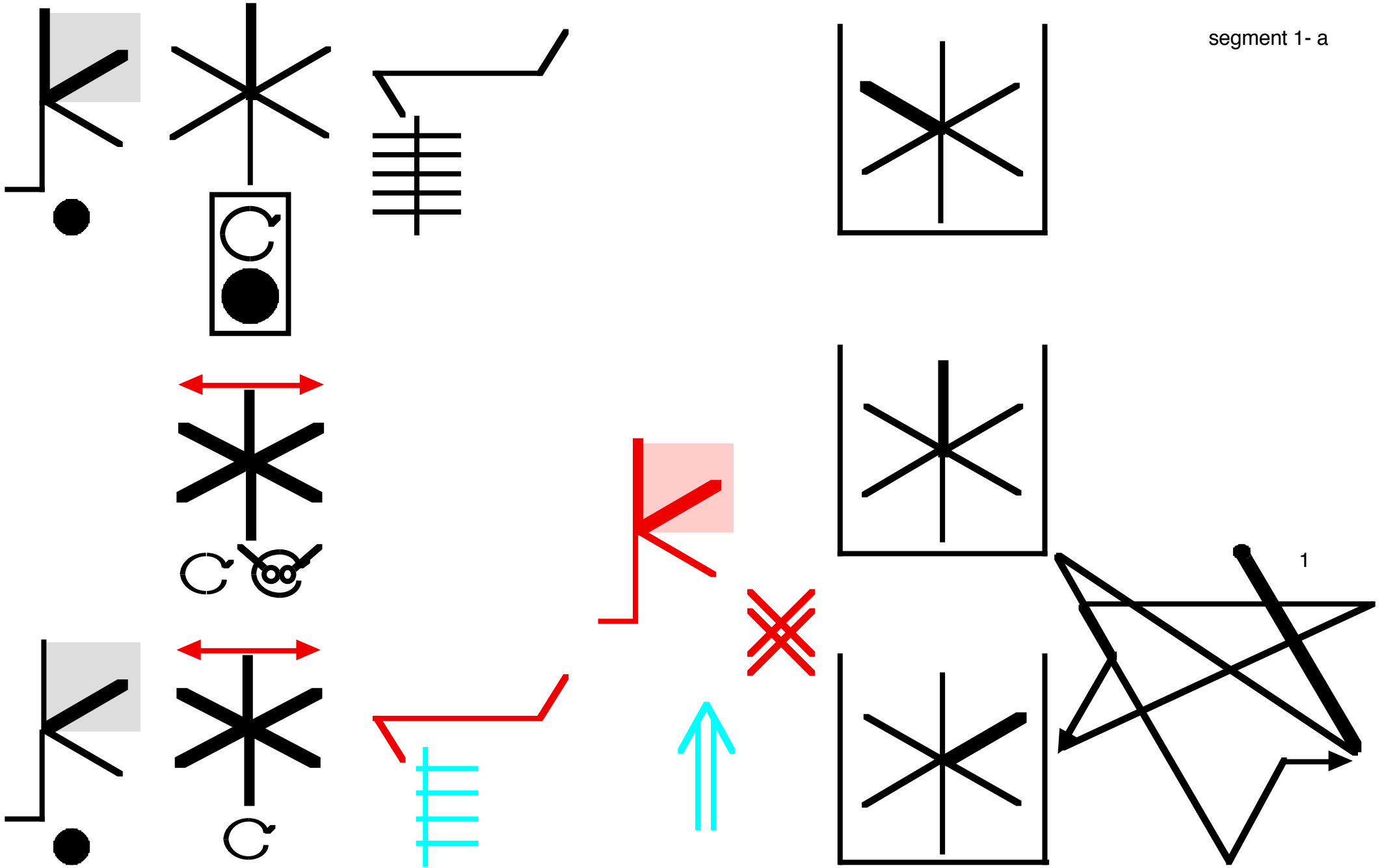




ce qui motive la danse: se débarrasser sur le plan psychique de deux systèmes de croyance, les énoncer intérieurement. Pratiquer sur les temps vide derrière le mur abdominal va et vient du ventre subtil. et la remontée du sternum, comme si on venait s'appuyer sur le mur abdominal. Pendant la résonance venir goûter, jusqu'à fermer les yeux.







SEGMENT - 1

Ce qui motive la danse: se débarrasser de deux tensions sur le plan physique: les énoncer intérieurement

Pratiquer sur les temps vides en dansant : uddiyana bandha et Agnisar Kriya en douceur, avec beaucoup de subtilité, juste après la pratique en continuant la danse sentir (renifler) la résonance, jusqu'à fermer les yeux.